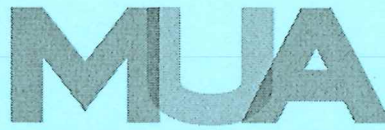


The  
Management  
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UNDERGRADUATE UNIVERSITY EXAMINATIONS

SCHOOL OF MANAGEMENT AND LEADERSHIP

DEGREE OF BACHELOR OF EDUCATION (ARTS)

EDP 202: PRINCIPLES OF GUIDANCE AND COUNSELLING

DATE: 19<sup>TH</sup> JULY 2022

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. DO NOT write on this question paper.
3. This paper contains SIX (6) questions.
4. Question ONE is compulsory.
5. Answer any other THREE questions.
6. Question ONE carries 25 MARKS and the rest carry 15 MARKS each.
7. Write all your answers in the Examination answer booklet provided.

### QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

James, a student in Form Two has been referred to you by the principal on issues of tardiness and poor academic performance. On his arrival at the school 2 years ago, James had been a top performer during his primary school. This performance continued throughout his first year and he excelled in various school activities such as sports and drama. His leadership qualities saw him elected as a class prefect by the end of his first term. However at the start of the Form 2 year there was a noticeable downward trend in his grades as well as growing disinterest in the co-curricula activities he previously excelled in. He has often been found dozing during class lessons which he attends late and in unkempt uniform. Personal items such as his watch and phone are claimed to be lost. Efforts by his class teacher to engage James in meaningful dialogue have been met with coldness and despondency.

#### Required:

- (a) Evaluate the student and indicate the skills you would use in counselling the student (20 marks).
- (b) Discuss confidentiality in a counselling situation (5 marks).

### QUESTION TWO

- (a) Critique the historical model of Guidance as Identical with Education (10 marks).
- (b) Discuss the historical development of guidance and counselling in Kenya (5 marks)

### QUESTION THREE

- (a) According to the World Population Review, Kenya is high suicide cases globally. Using the study by Mugambi, Munene, and Mogute (2020), propose a profile of the

students with suicidal behaviour among adolescents aged 14-22 years with depressive disorders and posttraumatic stress in informal settlements in Kenya (10 marks).

(b) Describe how orphaned and vulnerable children are perceived in Africa (5 marks).

#### QUESTION FOUR

(a) Using the 2021 performance in KCPE, where 63.9% of the learners were found to be underachievers, formulate a counselling programme you would use in specific areas to ensure that the issue was arrested (10 marks).

(b) Apply Abraham Maslow's theory of hierarchy of needs to academic performance among children in informal settlements. (5 marks).

#### QUESTION FIVE

(a) Discuss advantages and disadvantages of eclectic counselling (10 marks)

(b) Pregnancy has been on increase among primary school students. Propose how counsellors can conduct themselves with the students (5 marks).

#### QUESTION SIX

(a) Discuss any five of the counselling relationships (10 marks).

(b) You have been asked to give a talk to teachers who have learners with special educational needs. Analyze five categories you would cover (5 marks).

