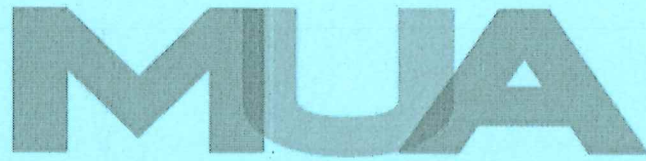


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**CERTIFICATE UNIVERSITY EXAMINATIONS**  
**SCHOOL OF MANAGEMENT AND LEADERSHIP**  
**CERTIFICATE IN COMMUNITY HEALTH AND DEVELOPMENT**

**CHD 102: FOUNDATIONS OF COMMUNITY HEALTH CARE**

**DATE:** 11<sup>th</sup> April 2019

**DURATION: 2 HOURS**

**MAXIMUM MARKS: 70**

**INSTRUCTIONS:**

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. Write all your answers in the Examination answer booklet provided.

### QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Abdul, is a 25-year-old recent graduate of Kenyatta University. He recently got a job as a consultant for Isiolo County. He has been going round trying to raise awareness to the community on issues of health and sanitation. He has gained a lot of support from the community who view him as a 'life saver'. The rate of water borne diseases and maternal and child death rates have down and the county government is happy about it. A group of women are meeting at Mugonoi shopping center to learn more about good practices in health, sanitation and home based care.

- a) In light of these, critically analyze 5 elements of Primary Health Care. (10 Marks)
- b) Critically explain the characteristics of community health. (10 Marks)
- c) Critically analyze 5 components of home based care offered to HIV/AIDS Patients. (10 Marks)

### QUESTION TWO

1. Define the following terms as used in community based health care;

- a) Community Health (3 marks)
- b) Primary Health Care (4 marks)
- c) Home Based Care (3 marks)

### QUESTION THREE:

Clearly discuss the 5 approaches in the contents of counseling in VCT (Voluntary Counseling and Testing). (10 Marks)

### QUESTION FOUR:

Discuss 5 physical needs of people living with HIV and AIDS. (10 Marks)

**QUESTION FIVE:**

Critically outline 5 aims of offering spiritual/pastoral care services to HIV/AIDS Patients and their families. **(10 Marks)**

**QUESTION SIX:**

In preparing a client for an HIV test, Analyze 5 factors that need to be considered by the counselor. **(10 Marks)**

