

The
Management
University
of Africa



Sponsored by the Kenya Institute of Management

CERTIFICATE UNIVERSITY EXAMINATIONS
SCHOOL OF MANAGEMENT AND LEADERSHIP
CERTIFICATE IN COMMUNITY HEALTH AND DEVELOPMENT

CHD 103: FUNDAMENTAL OF COMMUNITY COUNSELLING

DATE: 26TH NOVEMBER 2019

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. Write all your answers in the Examination answer booklet provided.

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Client: Janet a 40year old mother

“I have a 17years old son, who has a physical disability there is a mission hospital that performs surgeries on people with deformity. I was told that my son can benefit from the surgery since he has deformed legs. I told the hospital secretary that my son is HIV positive. So I prepared my son for surgery and I was given a cheque of 6 thousand by family support group to assist. But on the day of surgery my son was rejected because he is positive and the catholic nun who is the nurse got to know about it very late. My son had already been changed clothes for theater and all preparations done, but he was removed all the clothes and everything given back to me including the money and I was told to stay at home with him until he gets better. I was hurt so much, till today I’m very bitter with the nun I don’t know what do.”

Required:

- i) Paraphrase the above paragraph (10marks)
- ii) List at least three emotions that have caused the client to come for counselling (6marks)
- iii) Identify and illustrate three other factors you would like to know about the client or Questions to ask- (6marks)
- iv) Discuss the aims of counselling or intervention methods you would like to use on this client (8marks)

QUESTION TWO

Discuss at least five aims of counselling (10marks)

QUESTION THREE

- i. Define and illustrate the term Ethics in counselling profession. (4marks)
- ii. Describe the objectives of code of ethics in counselling (6 marks)

QUESTION FOUR

- i) List 5 different settings of counselling in the community (5marks)
- ii) Describe one of the settings above (5marks)

QUESTION FIVE

Enumerate FIVE skills of counselling, giving a brief description of each (10marks)

QUESTION SIX

- i. Examine at least 4 factors a counsellor will have to deal with while counselling in secondary school (4marks)
- ii. Describe the impact that school counselling have on students and the school at large (6marks)

