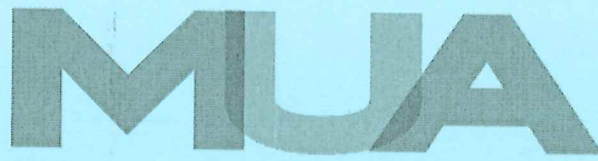


The
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CERTIFICATE UNIVERSITY EXAMINATIONS
SCHOOL OF MANAGEMENT AND LEADERSHIP
CERTIFICATE COMMUNITY HEALTH

CHD 103: FOUNDATIONS OF COMMUNITY HEALTH COUNSELING

DATE: 12TH APRIL 2019

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. Write all your answers in the Examination answer booklet provided.

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Mr. Okach is a Counseling Psychologist in Bidii Science and Technology Institute. The student population is 700 and has hostels within its vast acres of land. The college has a nearby forest which borders Dhahabu township. A section of the hostel is near the huge forest and this has worried the college administration because of vices around its compound. There has been increased cases of muggings and thuggery and the lecturers are suspecting probably the students are engaged in it. Even after erecting street lights for security reasons, a lot seems to happen. The College Principal has approached Mr. Okach for advice and way forward given the fact that they have a Counseling Psychology department and adequate counseling facilities. He is initiating a group counseling for the same which will run throughout the semester. Mr. Okach has also come up with a specific way of screening using special forms. In as much as he is looking for substance abuse clients, he is also interested in handling clients who are experiencing various kinds of problems including negative life events. He wishes to run the program throughout the semester with the help of his assistant Madam Abdula. He has already advertised for the program and it will start in the next two weeks. He has 40 students who have already signed up for the program and have been able to pass the screening criteria. Mr. Okach has scheduled the meetings thrice per week during the evenings so that it does not interfere with the smooth operations of the campus.

Required:

- a. In relation to the above story, analyze the purpose of Group Counseling. (10 Marks)
- b. Compare and contrast the Transition and Consolidation/ termination stage in Group Counseling. (10 Marks).
- c. Outline the Ethical Guidelines in Group Counseling. (4 Marks)
- d. Clearly explain the factors to consider when screening members for Group Counseling. (3 Marks)

- e. Define the term 'maladaptive behavior'. (3 Marks)

QUESTION TWO:

Outline the factors to consider when conducting a counseling interview.

(10 Marks).

QUESTION THREE:

Evaluate the roles of a counselor as a social change agent. (10 Marks)

QUESTION FOUR:

In the British Code of Ethics and Conduct of Psychology, decision-making forms a key role in the counseling profession. Outline the key issues found in decision-making. (10 Marks)

QUESTION FIVE:

In a Community Health facility or hospital, the Consultation & Education services exist to support the public. Identify the groups and illustrate how they benefit from consultation and education services (10 Marks)

QUESTION SIX:

Examine the challenges in Marriage and Family Counseling. (10 Marks)

