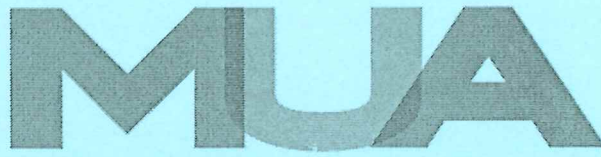


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DIPLOMA UNIVERSITY EXAMINATIONS
SCHOOL OF MANAGEMENT AND LEADERSHIP
DIPLOMA IN COUNSELING PSYCHOLOGY

DCP 106 : PERSONALITY DYNAMICS

DATE: 29TH MARCH 2022

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. Write all your answers in the Examination answer booklet provided.

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Rick is the CEO of a small company. He shows up every day to the office in an Armani suit and tie and is very professional with his staff. Meetings are also held in a professional atmosphere where the time is planned carefully and only professional matters are discussed. His employees respect him and he is considered a fair boss but little is known of his personal life. He is cordial but does not invite conversation outside of work matters. After finishing a major project, Rick decides to hold a company picnic. At the picnic, he is dressed in a polo shirt and khakis. He is friendly, relaxed, and takes an active role in serving the food to all the employees. At first, his employees are unsure how to respond but slowly start to relax. Later when he overhears a group of employees discussing the previous night's basketball game, he joins the conversation with enthusiasm and debates over which were the best plays of the night. He asks Linda about her mother, who had recently been hospitalized. Linda was unaware that Rick knew about the incident. Out of the blues, he told Linda about his wife Donna.

Donna left him three years ago. To him, there was no good reason that he could think of, apart from her constant accusations that he did not love her. He loved her, but his reserved nature may not have done enough to demonstrate this love to Donna. She left with their two children, ages 10 and 12. Donna was not an outwardly demonstrable mother or wife. However, she took pride in making sure her children did the right thing at all times, as it caused her distress if people were to think poorly of her or her children, or her children would feel the vacuum of having an absentee mother. Donna is highly organized. She believes efficiency is a sign of responsibility. She detests surprises and likes to contemplate how best to plan, whether for vacations or what her children will wear to school each day. She tends to focus on the present and often copes with stress by using caffeine and nicotine. She smokes at least a pack of cigarettes each day.

On Monday, Rick is dressed in his Armani suit and tie and nods cordially to his employees as he heads to his office. It was as if the picnic never happened

REQUIRED

- a) Discuss the psychosocial stage of Rick, Donna and the two children.
(6 Marks)
- b) Assess whether Rick would be considered as an extrovert or an introvert.
(8 Marks)
- c) *"She tends to focus on the present and often copes with stress by using caffeine and nicotine. She smokes at least a pack of cigarettes each day"*.
Discuss Sigmund Freud's Psychosexual stages of development, and suggest the stage that Donna may have been fixated at.
(12 Marks)
- d) By use of the Trait Theory of personality development, describe Donna
(4 Marks)

QUESTION TWO

- a) Define personality, and explain its key characteristics. (5 Marks)
- b) Discuss the big five personality traits. (5 marks)

QUESTION THREE

- a) Assess the factors that determine personality. (6 Marks)
- b) Assess the principle of operant conditioning (4 Marks)

QUESTION FOUR

- a) Examine the four stages of personality formation. (8 Marks)
- b) Distinguish between extroverts and introverts as brought out by Carl Jung. (2 Marks)

QUESTION FIVE

- a) Analyze any four major attributes that govern human behaviour (8 Marks)
- b) Illustrate the importance of sublimation (2 Marks)

QUESTION SIX

- a) Demonstrate the structure of the mind (ID, Ego and Superego as brought out by Sigmund Freud. (6 Marks)
- b) Highlight any four aspects that an interviewee needs to observe while undertaking an interview. (4 Marks)

